

Charles E. Murray
American Legion Post 186



Newsletter

May and June 2012

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COMMANDER

Frank Babicz

americanleg186@bellsouth.net

352-596-1015

As this is the last newsletter article I will be writing as YOUR Commander, I would like to express my sincere appreciation to ALL the members who have supported the Post these past 2 years. During the last 2 years we have had to make some major repairs and smaller ones to the Post while we continued to follow the preamble of the American Legion with continued support for our veterans and community. When it was time to chip in and get the job done you were there to assist me. I promised to be more visible and listen to your suggestions and I am fairly confident that I succeeded in this regard. I attempted to provide a more family atmosphere for our members and make Post 186 a place where everyone could have a good time !

I would like to also offer my appreciation to those of you who volunteered countless hours at the lounge games, steak shoot, fish fries, and especially those that served their members as officers in their respective organizations. In addition, hats off to our staff who have truly made the Post a more friendly place to meet friends and family. And speaking of family, thank you to the spouses of those members who have volunteered their time to the Post. I can speak for all of us that this takes a very understanding spouse since we spend a considerable amount of time at the Post.

Now it is time to support the new administration! By the time you receive this newsletter, the elections will probably be over. I will be the first in line to congratulate the new Commander!

For God and Country,
Frank Babicz

FIRST VICE COMMANDER

Troy Cox

troycox@tampabay.rr.com

352-596-1567

This will be my last Newsletter article as I am retiring after 21 years as an officer of the American Legion. I want to thank all those that helped me get to 95% membership, we need about 65 more to make 100%. Some goals we did make like 50 or more new members and 65 transfers which helped us offset our 20% attrition rate. We still have over 130 members that have not renewed for 2012. Our attrition rate is due to the fact that members are getting older and can't afford the \$35 or are bed ridden. The ones that are sick or can't afford the dues please contact me and maybe I can help through the E-Board. The E-Board has helped in the past and I am sure we can get some relief.

For God and Country,
Troy Cox

SECOND VICE COMMANDER

Bruce Carl

bruce1955@yahoo.com

352-666-5496

Our snow birds have left us for the summer again, letting us to deal with the hot temperatures. That also means the year is coming to an end, and the new officers will be taking over the reigns of the Post. I would like to take this opportunity to let everyone know it has been a privilege to have served as your Second Vice Commander for the past two years. I would also like to thank everyone for all their support and help (you know who you are). Without the membership supporting us at the dinners,

karaoke, and our entertainment nights, we would not have made it a success.

It may be hot outside, but you are always welcome to come inside the Post and have a nice cold drink to cool off. There are still plenty of dinners planned as well as Karaoke and the regular entertainment. Dinners include Mother's Day, Donnie Holmes Steak, and the Past Commanders Dinner. Entertainment will still be at its' best with returns of Bill Castner, The Dukes, The Twist, The Belairs, and several other good bands.

I look forward to seeing those of you who did not go North here at the Post. I will be cooking a few of the dinners that are coming up, keeping my voice in tune at karaoke, and dancing the night away on band nights. Hope to see you coming out to support the Post as we enter our slow season for the next few months. Make sure to check out the bulletin boards at the Post for any changes or additions that may come up after you receive the newsletter. Again, thank you for helping me make this a successful year. As always, any comments, changes, or suggestions are always welcome.

For God and Country,
Bruce Carl



POST CHAPLAIN
Charles Haig
haigie@aol.com
352-597-1210
Cell 352-610-2051

Not too much to report, I will be doing my first ever meeting with the veterans at Forest Oaks nursing home on April 18. We will be having a sing-along of country, etc. Anyone who would like to attend, please give me a call. We will be talking about their time in the military or whatever anyone wants to talk about, like maybe their current needs. Also I will be looking for anyone who would like to be on the local radio station during their military program.

As most of you all know I will not be the chairperson of the Four Chaplain Ceremony, Legionnaire Nick Morana will be the new chairperson, all being well I will be on hand to assist him. We are working on a few things, like we will have the 4 white doves. Guests will be notified at a later date. The Four Clergy have been selected for the Four Chaplains in 2013. We will let everyone know the date and time of the memorial. It will not be on Super Bowl Sunday. I have been named Chaplain of the Enrichment Centers of Hernando County. Many thanks to Debbie Druzbeck, Nick Morana and other members of the board. Post Everlasting will be on Sunday, May 20th at 2 p.m. at the Post.

Deaths for March 2012

Gordon Watts
David Anthony

Sick Call
Ernie Fischer

For God and Country,
Charles Haig

VETERANS SERVICE OFFICER
MANAS MILLER
15020 MIDDLE FAIRWAY DR.
BROOKSVILLE, FL 34609
352-797-9523
usmcbigm1@tampabay.rr.com

Manny is at the Post every Thursday at 10 a.m.
Appointments for other times may be made by calling him.

Seniors with hearing loss are significantly more likely to develop dementia over time than those who retain their hearing, a study by Johns Hopkins and National Institute on Aging researches suggest. The findings, researchers say, could lead to new ways to combat dementia, a condition that affects millions worldwide and carries heavy social burdens.

Although the reason for the link between the two conditions is unknown, the investigators suggest that a common pathology may underlie both or that the strain of decoding sounds over the years may overwhelm the brains of people with hearing loss, leaving them more vulnerable to dementia. They also speculate that hearing loss, leaving them more vulnerable to dementia. They also speculate that hearing loss could lead to dementia by making individuals more socially isolated, a known risk factor for dementia and other cognitive disorders.

Whatever the cause, the scientist report, their findings may offer a starting point for interventions - even as simple as hearing aids - that could delay or prevent dementia by improving patients' hearing. "But few have looked at how hearing loss affects cognitive brain function," says study leader Frank Lin, M.D., Ph.D., assistant professor in the Division of Otology at Johns Hopkins University School of Medicine. Seniors with hearing loss are significantly more likely to develop dementia.

To make the connection, Lin and his colleagues used data from the Baltimore Longitudinal Study on Aging (BLSA). The BLSA, initiated by the National Institute on Aging in 1958, he tracked various health factors in thousands of men and women over decades. The new study, published in February Archives of Neurology, focused on 639 people whose hearing and cognitive abilities were tested as part of the BLSA between 1990 and 1994. While about a quarter of the volunteers had some hearing loss at the start of the study, none had dementia.

Followed with repeat examinations every one or two years, and by 2008, 58 of them had developed dementia. The researchers found that study participants with

hearing loss at the beginning of the study were significantly more likely to develop dementia by the end. Compared with volunteers with severe hearing loss had twofold, threefold and fivefold, respectively, the risk of developing the memory-robbing disease.

Even after the researchers took into account other factors that are associated with risk of dementia, including diabetes, high blood pressure, age, sex and race, Lin explains, hearing loss and dementia were still strongly connected.

"A lot of people ignore hearing loss because it's such a slow and insidious process as we age," Lin says, "Even if people feel as if they are not affected we're showing it may well be a more serious problem." The research was supported by the intramural research program of the National Institute on Aging.

Our local Brooksville Clinic has a fully staffed audiology clinic that is available to all veterans.

For God and Country,
Manas Miller

Canteen News
Canteen Manager
Anna Pellegrini
(352)597-9995

canteen186@bellsouth.net

Now that spring is here even though it feels like summer, we have a lot happening at Post 186. Don't forget Elections are in May this year for all organizations! I will be planning a Hard Rock Bus trip for May. I didn't plan a trip in April because March we only had 11 go and we were lucky enough to share bus with one of their other stops! Please sign up when Bus trip is posted so I can let the bus company know how many are going!

There are many dinners happening in May and June. The Annual "In Memory of Donnie Holmes Steak Roast" will be held on May 26, 2012. This is an event you don't want to miss! The staff would like to welcome Eileen Capon to our Canteen and Kitchen group. Eileen is another one of our many task workers; she is a cook, waitress and bartender! Stop by and say Hi to Eileen.

As we look ahead- a little birdie from Tampa Bay Rays called and informed me American Legion Day Will be July 15, 2012 on Sunday at 1:40PM. We will be putting a Bus Trip Together for this day- I will post information as soon as I receive it! In case you are wondering- the Rays will be playing the "Red Sox" of course!!!!

The Canteen had a hot dog machine donated by our member Mark Downing and we will be cooking up hot dogs on Monday and Thursday nights! Thanks again Mark.

For God and Country,
Anna Pellegrini



COLOR GUARD COMMANDER
Jimmy Schultz
jschultz6@tampabay.rr.com
352- 686-0454

Fellow Legionnaires, thanks to you, the members of Charles E. Murray Post 186, the Color Guard's Corned Beef Dinner was a great success. We hope everyone enjoyed the sandwiches or dinner and the entertainment that followed. Your Color Guard put a lot of effort into it. Thank you to Margaret Hernandez and Judy Hulce for decorating the dining room and to John Rakuwicz for bringing the choir from St. Theresa's Church who started the night with several patriotic songs. Also, waitresses Joanne Cohen and Huey for volunteering to serve you. Thanks ladies, good job. A special thanks to Ed Lucas for everything he has done for the Color Guard and finally, thanks to Norman for donating over 200 green necklaces (I believe they were your wife's) and handing them out.

Your Color Guard has unanimously voted to maintain the National Colors and the P.O.W.-M.I.A. flags that fly proudly outside our Post. If there is any problem with these flags please notify me or any of the Color Guard members and we will correct it A.S.A.P.

The Color Guard wishes everyone a Happy Easter and all Mothers a Happy Mother's Day. On Armed Forces Day, let's not forget our brothers and sisters veterans who are still in harms way and pray every day for their safe return home. Don't forget on Memorial Day, Monday, 05/28/12, we will Honor all Veterans at the following locations:

1000 hrs, Aripeka Cemetery
1130 hrs, out front of Post 186.

We have already received a request to present the Colors and visit the Veterans at Evergreen Woods. I can't guarantee we will be able to do as many ceremonies as we did last year but we'll try.

On the following dates we will be performing ceremonies at Post 186:

05/20/12, (Sun) 1400 hrs, Post Everlasting

06/06/12, (Wed) 1130 hrs, "D" Day.

06/14/12, (Thu) 1130 hrs, Flag day

On 06/17/12, to all fathers, have a Happy Father's Day.

Thank all of you for your continued support.

For God and Country,
Jimmy Schultz



ALR
Director
Steve Tyler
potwarp@hotmail.com

Alas April is already upon us. The past two months have flown by it seems. The weather continues to be amazing, and my vegetables are going great guns. In a few months you may see baskets of tomatoes for free in the canteen, as I have some 50 plants in the ground and I'm the only one who eats them in my household!

It has been fairly quiet since my last entry. We have had some good rides before our snowbirds head home. We were lucky enough to participate in two additional Bingo nights, and we had great fun as always helping out and selling those extra sheets. Even the post-Bingo cleanup went pretty well. By the time you read this, our Rider's bingo will be a memory, but I want to thank the Bingo committee for all their hard work, especially our resident Bingo caller, Cheryl. And of course thanks to the faithful players who always make Bingo such a success.

We had a terrific meatloaf dinner on Saturday, March 31st. I have to admit, I was a bit disappointed in our turnout, but apparently there was lots going on at other organizations that night, such as the Eagles and the VFW. For those of you who didn't make it, you missed a great meatloaf, awesome homemade gravy, and an even better homemade peach cobbler with vanilla ice cream. And a bargain at only six bucks! Thanks to all of you who did attend, bought take homes, and stayed to enjoy the fabulous Bendy's.

We have two very important upcoming events. The first is our Poker Run on April 14th to benefit Hernando Hospice. For those of you who don't know, a poker run is a charitable event where the participants pay a fee to enter, and then draw cards for a poker hand. There are usually five to seven stops, and at each stop they can purchase additional cards. There is usually food, drink, and fun at each stop. The idea is to have the best poker hand at the end of the day for a cash prize. The run begins at our post, visits such places as the Sail Inn, Neon Cowboy, Port

Richey Legion, Shoal Line VFW, and ends at the post. At the end there will be burgers and dogs, door prizes, and entertainment. I hope this gets published in time to thank Riders Rex and Mary Hinkle for all their incredible hard work they have put in to organizing this event.

Our second event is the Donnie Holmes memorial steak roast on Saturday, May 26th. The price will be \$10 for steak and all the trimmings. We have recently purchased an 8-burner event grill for this feast to ensure everyone gets a hot, juicy, delicious steak cooked to your liking. Look for tickets at the cantina soon.

In closing, I want to again remind everyone that the "Hog pen" shelter and tables are there for EVERYONE to use. And as always, please watch out for motorcycles, especially now, as more and more two-wheel enthusiasts are enjoying our incredible Florida weather.

For God and Country,
Steve Tyler



AUXILIARY PRESIDENT
Claudia Fischer
352-686-9247
ceejav523f@yahoo.com

The month of May is upon us, which means the Auxiliary Kentucky Derby day is here. On May 5th at 5:30 p.m. the fun begins, come join us for the exciting fun to see who wins. On May 10th at our General Meeting at 7:00 p.m. we will have our election of new Officers for the 2013 year, refreshments will be available after the meeting. On May 28th the Post Memorial Day ceremony will begin at 9:00 a.m. at Aripeka Cemetery, then at 10:00 a.m. at Post 186. Please join us for this important and moving ceremony that honors our fallen veterans.

The month of June is a quiet one for the Auxiliary, we will have NO general meeting in June or July. The new officers will be attending the Department Convention on June 7th thru June 9th to get ready for the new upcoming year. The new officers will be welcoming all members at our next general meeting which will be on August 9th.

Finally, I want to thank our hard working members and officers for helping me in my first year as your President. We have accomplished a lot in our programs and my wish is that it will continue next year. Unit 186 is a great unit and I am honored to have served as its President.

Save the Dates:
May 5th- Kentucky Derby Fun Night-5:30 p.m.

May 10th- Aux. General Meeting-7:00 p.m.-Election
 May 19th- Constitutional Conference-Post 111-10:00 a.m.
 May 28th-Memorial Day Ceremony-10 a.m.-Aripeka
 Cemetery & again at 11:30 a.m. at Post 186
 June 7-9-Department Convention-Orlando
 NO general meeting in June.

For God and Country,
 Claudia Fischer

FIRST VICE PRESIDENT
 Margaret Hernandez
 Membership Chairman
 352-688-0818

Dear fellow members, this is the last newsletter before the summer. If you haven't renewed for 2012, this is your last chance to renew before the June deadline. As of July, the 2013 card will be available.

I am at the Post every Tuesday from 1 to 5 p.m. or you can mail it or leave it at the canteen. Thank you.

For God and Country,
 Margaret Hernandez

AUXILIARY CHAPLAIN
 Cheryle LeBaron
 352-200-9597

Teach us, O God, that by exemplifying in our everyday lives the love and service of You, Creator and Liberator of mankind, and the love of our fellow-man--teach us, we pray, that only by the exercise of these virtues of love and service may we hope to achieve that peace for which the broken-hearted human race now yearns, that peace which is the tranquility of order, that peace which is the product of justice, that peace which can come only to men and women of good will. Amen.

ILLNESS:
 Maria Weekley
 Shirley Wilson

DECEASED:
 None, Thank You, God

For God and Country,
 Cheryle LeBaron

BOOSTER CLUB

As of March, 31, 2012, the following are proud members of the American Legion Post 186 Booster Club. You, too, can be a member. Just \$10.00 per year and your name will be published on our Bulletin Board and in our Post Newsletter. This donation will help the ever-rising cost of printing and mailing. Your generosity is appreciated.

July 2032
 Carlton & Beth Ann Terrell
July 2024
 Lloyd Gross
Feb. 2022
 Ed Kolbasiuk
July 2021
 Jimmy Schultz
 Post 186 Color Guard
September 2020
 Bob Burch
July 2019
 Donna Greenwald
 Steve Small
 Janet Bowman
Feb 2017
 George M. Coon
July 2016
 James Meere
 Betty Corbin
July 2015
 Don & Joan Jernstrom

Peter Paul Garbacki
 Frank & Sharon Sevick

July 2014
 Al Henderson
 Ernie & Patricia Tor
 Raymond & Carole Frattini
 Robert Hartman
 Jerry Galoonis
 Anna Pellegrini
 George & Mary Kennedy
 Don & Jackie Harvey
 Val M. Parker
 Claus & Elizabeth Sachse
 Mosa Brown
Jan 2014
 Robert J Eudeikis
July 2013
 Hugh & Helen Reynolds
 Richard Shore
 Warren & Mary Cross
 Luis A. Ortiz

July 2012
 Troy & Joyce Cox
 Frank M Kuraitys
 William Swann
 John Krause
 Conrad Vachon
 Richard & Eunice Nerber
 Doris Webster

In Memory of Past Members

Olisse Pellegrini
 Dorothy Henderson
 PFC Cody Grater
 Bern Cottingham
 Joe Sabol
 Linda Harper
 Donnie Holmes
 Betty Jefferies
 Paul Webster
 Nanette Keller

BOOSTER SUPPORT FOR OUR NEWSLETTER

NAME _____ CONTRIBUTION \$ _____

Congratulations To:
 February's Member of the month: Rick Clark
 February's Volunteer of the month: Kay Lockwood
 March's Member of the month: Mary Kennedy
 March's Volunteer of the month: Bob Hamburgur

May

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
		1 Lounge Games 6 PM Kitchen Open 4-6 PM	2 Post Elections 1 - 7 Karaoke Shoe 7-11 PM CG Meeting 5 PM Darts 8 PM	3 Legion Meeting 7 PM	4 Fish Fry 5-7 PM Karaoke Bill Castner 7 PM	5 Kentucky Derby 5:30 PM Shoe 7 -11 PM
6 Wings 12-4	7 Pool 8 PM	8 Lounge Games 6 PM Kitchen Open 4-6 PM	9 Karaoke Shoe 7-11 PM Darts 8 PM	10 Auxiliary Meeting 7 PM elections	11 Fish Fry 5-7 PM Karaoke Shoe 7-11 PM	12 WAC 10 AM Mother's Day Chicken Dinner 6 PM The Dukes 7 PM
13 Mother's Day Wings 12-4	14 Pool 8 PM	15 Lounge Games 6 PM Kitchen Open 4-6 PM	16 Karaoke Shoe 7-11 PM CG Meeting 5 PM Darts 8 PM	17 SAL Meeting 7:00 PM elections	18 Fish Fry 5-7 PM Karaoke Nikki Moore Band 7 PM	19 Armed Forces Day Mr. Lynn 7 -11 PM
20 Wings 12-4 Abate 10 AM	21 Pool 8 PM	22 Lounge Games 6 PM Kitchen Open 4-6 PM	23 Karaoke Shoe 7-11 PM Darts 8 PM	24 AL Riders Meeting 7 PM elections	25 Fish Fry 5-7 PM Karaoke Shoe 7-11 PM	26 Donnie Holmes Annual Steak Roast 6 PM Jonny Lobo 7 PM
27 Wings 12-4	28 Memorial Day Aripeka CG Ceremony 10 AM Post Ceremony 11:30 AM Post Picnic 12-2 PM Pool 8 PM	29 Lounge Games 6 PM Kitchen Open 4-6 PM	30	31	REDUCED DRINK PRICES ALL DAY SUNDAY STEAK SHOOT EVERY SAT 1 PM	

2012

June

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
REDUCED DRINK PRICES ALL DAY SUNDAY STEAK SHOOT EVERY SATURDAY 1 PM CONVENTION JUNE 7 -9 SAL BASKET OF CHEER DRAWING 6/17					1 Fish Fry 5-7 PM Karaoke The Twist 7 PM	2 Karaoke Mr. Lynn 7-11 PM
3 Wings 12-4	4 Pool 8 PM	5 Lounge Games 6 PM Kitchen Open 4-6 PM	6 Karaoke Shoe 7-11 PM "D" Day ceremony 11:30 at Post Darts 8 PM	7 Legion Meeting 7 PM	8 Fish Fry 5-7 PM Bendy's 7 PM	9 WAC 10 AM Karaoke Shoe 7-11 PM
10 Wings 12-4	11 Pool 8 PM	12 Lounge Games 6 PM Kitchen Open 4-6 PM	13 Karaoke Shoe 7-11 PM CG Meeting 5 PM Darts 8 PM	14 Flag Day Ceremony 10 AM Auxiliary Meeting 7 PM	15 Fish Fry 5-7 PM Karaoke Shoe 7-11 PM	16 Past Commander/Past Pres/Past Director Dinner 6 PM Belairs 7 PM
17 Father's Day Breakfast Abate 10 AM Wings 12-4	18 Pool 8 PM	19 Lounge Games 6 PM Kitchen Open 4-6 PM	20 Karaoke Shoe 7-11 PM Darts 8 PM	21 SAL Meeting 7 PM	22 Fish Fry 5-7 PM Bill "E"	23 Karaoke Mr. Lynn 7-11 PM
24 Wings 12-4	25 Pool 8 PM	26 Lounge Games 6 PM Kitchen Open 4-6 PM	27 Karaoke Shoe 7-11 PM CG Meeting 5 PM Darts 8 PM	28 ALR Meeting 7 PM	29 Fish Fry 5-7 PM Karaoke Shoe 7-11 PM	30 Legion Spaghetti Dinner 6 PM Keynotes 7 PM

2012

American Legion Post 186
12091 Cortez Blvd
Brooksville, FL 34613

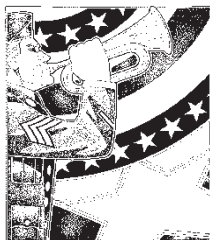
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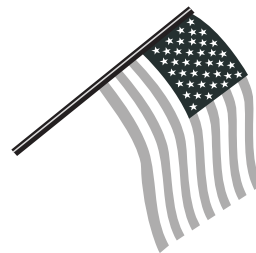
TAMPA, FL

OR CURRENT RESIDENT

Mailing Address
Street Number and Name
City, State 98765-4321



COMING EVENTS
May & June 2012



May 2nd - Post Elections 1 PM - 7 PM

5th - Kentucky Derby 5:30 PM

12th - Mothers' Day Baked Chicken Dinner 6 PM Post Mother's who are members eat free. Guests \$8.00 Donation. The Dukes 7 PM

19th - Armed Forces Day

20th - Post Everlasting Ceremony at Post 2 PM in honor all member who have died in the last year

26th - Donnie Holmes Annual Steak Roast 6 PM \$10.00 donation. Johnny Lobo 7 PM

28th - Memorial Day Ceremony Aripeka 10 AM, Post Ceremony 11:30 AM

28th - Post Picnic 12 PM - 2 PM Bring a Dish to Pass

June 6th, D Day Ceremony 11:30 AM at the Post

June 7th - 9th - Florida Legion Convention

14th - Flag Day Ceremony 10 AM

16th - Past Cmdr/Pres/Director Stuffed Chicken Breast Dinner 6 PM \$8.00 Donation The Belairs 7 PM

17th - SAL Father's Day Breakfast

30th - Legion Spaghetti/Meatball Dinner 6 PM \$5.00 Donation